# Alberta Roller Derby Association: Drug and Alcohol Management Policy

## **Rationale**

This policy provides the basis for a balanced and responsible approach to the use of intoxicants at ARDA events and activities. This policy will help to ensure the team/league:

- Meets its duty of care in relation to the health and safety of our members and others who attend our functions.
- Upholds the reputation of the organisation, sponsors, and partners
- Understand the risks associated with drug and alcohol misuse and our role in minimising this
  risk.

While ARDA does not sell intoxicants we acknowledge that intoxicants may occasionally be consumed at events and activities, such as meetings, trivia nights and other fundraising events. Accordingly, the following requirements will apply to all players, coaches, officials, members, committee members, visitors, facilities, functions and other activities undertaken by the organisation where intoxicants may be consumed.

# **General Principles**

- A risk management approach will be taken in planning events involving the supply or consumption of intoxicants. Such events will be conducted and managed in a manner consistent with Alberta Gaming and Liquor Commission and this policy.
- Intoxicant misuse can lead to unsafe or unacceptable sexual and/or violent behaviour, impaired-driving and other intoxicant-related harm. Excessive consumption of drugs or alcohol will not be an excuse for unacceptable behaviour, particularly behaviour that endangers others or breaches the law, this policy or any other policy of the organisation.

## Committee members, Members, Players and Officials

- Must not compete, train, coach or officiate if affected by intoxicants.
- Must not provide, encourage or allow people under the legal drinking age to consume intoxicants.
- Must not participate in or encourage excessive or rapid consumption of intoxicants.
- Must not pressure anyone to partake in intoxicating substances.
- Must accept responsibility for own behaviour and take a responsible approach and use good judgment when an intoxicant is available.



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## **Functions**

If a function will involve the availability of intoxicants, it will be conducted at a licensed venue with trained ProServe staff. The organisation will not:

- Conduct functions where the venue requires a minimum amount of liquor sales or the liquor provider is paid by a percentage of sales
- Include intoxicants in the price of tickets (or will limit 'free' drinks to a maximum of two).

#### Advertisements for functions will:

- Not overemphasise the availability of intoxicants or refer to the amount of intoxicants available
- Give equal reference to the availability of non-alcoholic drinks
- Display a clear start and finish time for the function.

# Safe Transport

ARDA recognises that driving under the influence of intoxicants is illegal and hazardous to individuals and the wider community. We ask that all attendees at our functions plan their transport requirements to ensure they arrive home safely and prevent driving under the influence of intoxicants.

Those attending ARDA activities where they are planning on partaking in intoxicating substances are encouraged to:

- Make alternative transport arrangements to get to and from the activity safely
- Plan ahead and arrange overnight accommodations if needed
- Take a taxi
- Catch public transport
- Ride with a driver who is not impaired

# Policy and Responsible Use of Drug and Alcohol Promotion

- The organisation will promote the Drug and Alcohol Management Policy regularly:
  - By putting a copy of the policy on the website
  - In newsletters and flyers/invitations for functions
  - o Via social media
  - o Through periodic announcements to members at functions.
- The organisation will educate members and supporters about the Policy and the benefits of having such a policy.
- The organisation will actively demonstrate its attitude relating to the responsible use of intoxicants.



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# **Non Compliance**

ARDA committee members will enforce the Drug and Alcohol Management Policy and any non-compliance will be handled according to the following process:

- Explanation of the policy to the person/people concerned, including identification of the section of policy not being complied with
- Continued non-compliance with the policy should be handled by at least two committee members who will use their discretion as to the action taken, which may include asking the person/ people to leave the facilities or function.

